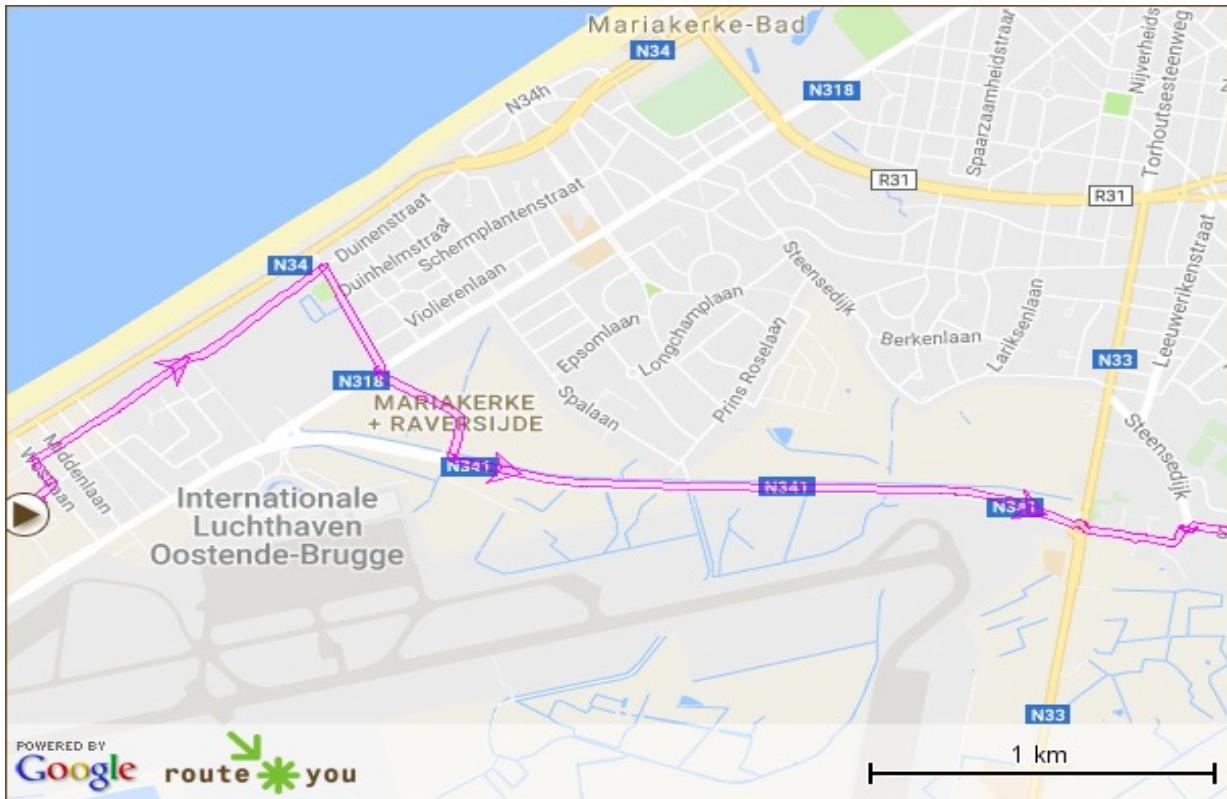


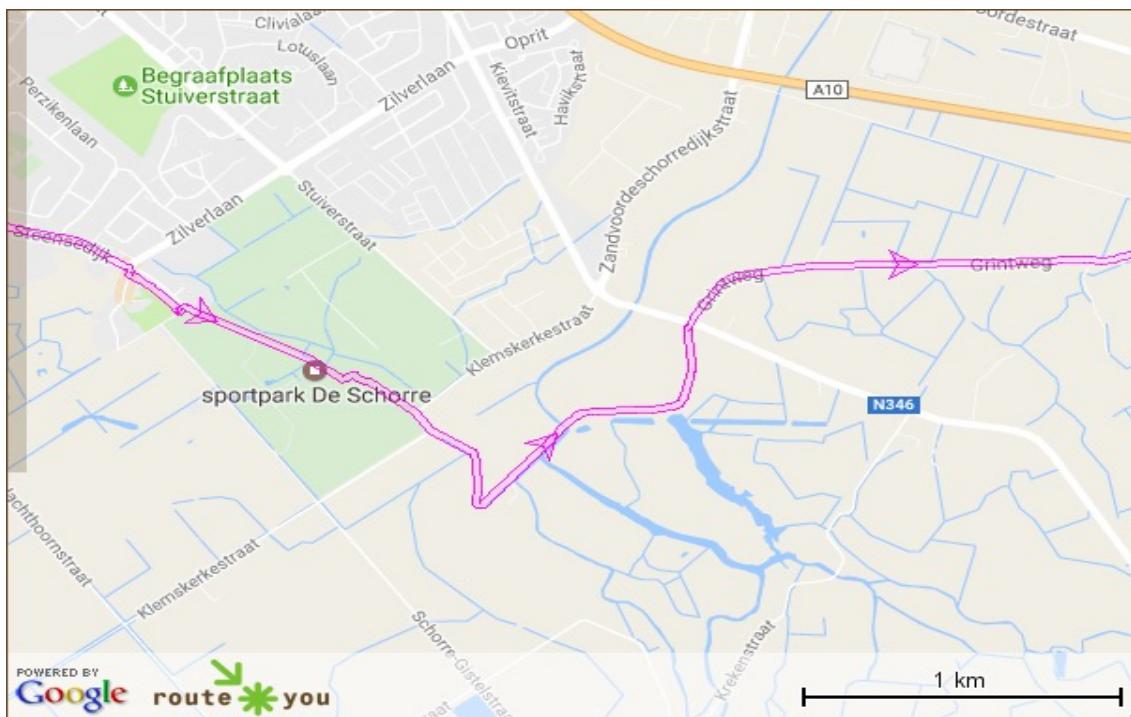
Cycling Tour Groen Lint Ostend

20 mi

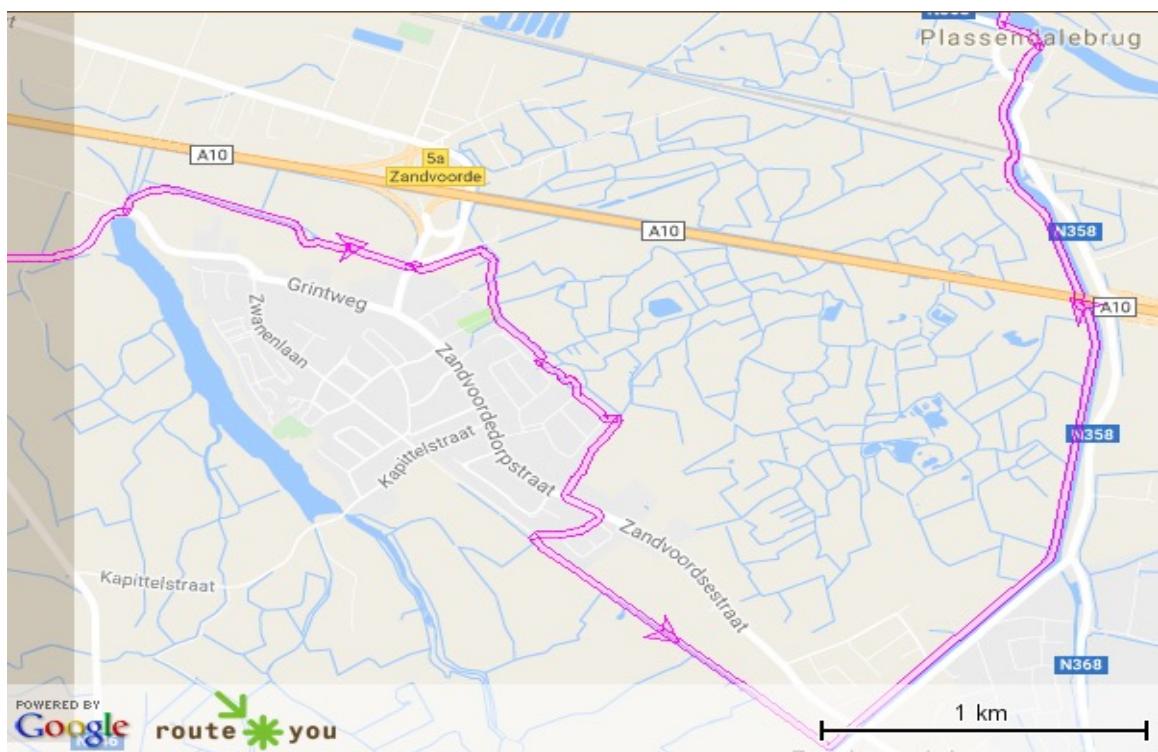




- 0 ft ↑ after 0 ft
- 219 ft ↘ after 219 ft go left and take Herdersstraat
- 299 ft ↗ after 80.6 ft bear right
- 501 ft ↘ after 201 ft go left and take Westlaan
- 825 ft ↘ after 324 ft go left and take Duinenstraat
- 841 ft ↘ after 16.3 ft make a u-turn and take Duinenstraat
- 4394 ft ↘ after 3553 ft go left and take Dorpsstraat
- 4416 ft ↘ after 21.4 ft make a u-turn and take Dorpsstraat
- 1.08 mi ↗ after 1278 ft go right and take Nieuwpoortsesteenweg / N318
- 1.09 mi ↘ after 52 ft make a u-turn and take Nieuwpoortsesteenweg / N318
- 1.09 mi ↗ after 2 ft go right and take A. Chocqueelstraat
- 1.36 mi ↘ after 1414 ft go left and take Duinkerkeweg / N341
- 2.53 mi ↑ after 1.17 mi go straight on and take Torhoutsesteenweg
- 2.54 mi ↘ after 51.9 ft go left and take Rosmolenstraat
- 2.63 mi ↗ after 501 ft bear left and take Pensjagersstraat
- 2.71 mi ↗ after 388 ft bear left and take Pensjagersstraat
- 2.71 mi ↗ after 26 ft bear left and take Rosmolenstraat
- 2.75 mi ↘ after 196 ft make a u-turn
- 2.77 mi ↗ after 103 ft go right and take Steensedijk



- 3.05 mi ↑ after 1508 ft go straight on and take Oudstrijdersplein
- 3.06 mi ↑ after 47.9 ft go straight on and take Oudstrijdersplein
- 3.07 mi ↑ after 50 ft go straight on and take Stenedorpstraat
- 3.08 mi ↯ after 36.3 ft go left
- 3.21 mi ↗ after 693 ft go right and take Schorredijk
- 3.21 mi ↘ after 3.5 ft make a u-turn and take Schorredijk
- 3.23 mi ↗ after 97.6 ft bear right and take Steensedijk
- 3.58 mi ↘ after 1845 ft bear left
- 3.61 mi ↗ after 161 ft bear right
- 3.64 mi ↗ after 174 ft bear right
- 3.76 mi ↗ after 632 ft bear right
- 3.81 mi ↘ after 262 ft bear left
- 3.9 mi ↑ after 448 ft go straight on and take Polderdijk
- 4.53 mi ↑ after 3352 ft go straight on and take Polderdijk
- 4.71 mi ↑ after 966 ft go straight on
- 4.73 mi ↑ after 114 ft go straight on
- 4.84 mi ↗ after 531 ft bear right
- 4.87 mi ↗ after 192 ft bear right
- 5.02 mi ↑ after 784 ft go straight on and take Grintweg
- 5.35 mi ↑ after 1747 ft go straight on
- 5.49 mi ↑ after 756 ft go straight on and take Grintweg

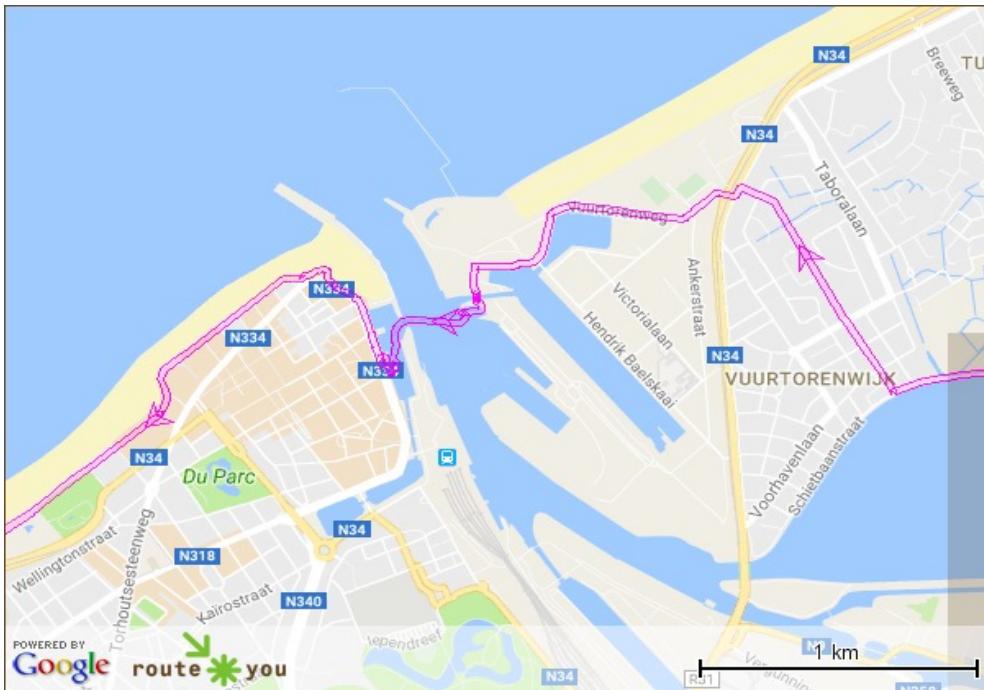


- 5.81 mi ↘ after 1643 ft go sharp left and take Karperstraat
- 5.81 mi ↗ after 31.7 ft bear right
- 5.84 mi ↑ after 127 ft go straight on
- 6.17 mi ↑ after 1788 ft go straight on
- 6.3 mi ↘ after 689 ft go sharp left and take Moerbeistraat
- 6.31 mi ↘ after 16.4 ft make a u-turn and take Moerbeistraat
- 6.44 mi ↙ after 686 ft go left and take Kasteelstraat
- 6.45 mi ↑ after 55 ft go straight on and take Zandvoordestraat
- 6.45 mi ↗ after 31.1 ft go right
- 6.63 mi ↑ after 911 ft go straight on
- 6.73 mi ↙ after 527 ft bear left
- 6.76 mi ↑ after 200 ft go straight on
- 6.9 mi ↘ after 694 ft go sharp left
- 7.01 mi ↙ after 628 ft bear left and take Ter Zwaanhoek
- 7.09 mi ↙ after 395 ft go left
- 7.33 mi ↙ after 1252 ft go left and take Zandvoordedorpstraat
- 7.4 mi ↗ after 388 ft bear right
- 7.41 mi ↗ after 67.1 ft bear right and take Caelfstraat
- 7.55 mi ↗ after 745 ft bear right and take Groenedijkstraat
- 7.56 mi ↘ after 19.7 ft make a u-turn and take Groenedijkstraat
- 8.3 mi ↙ after 3945 ft go left and take Polder

- 8.37 mi **↑** after 343 ft go straight on and take Zwaanhoek
- 10 mi **↘** after 1.67 mi bear left and take Oudenburgsesteenweg
- 10.1 mi **↙** after 465 ft bear right
- 10.1 mi **↓** after 2.53 ft make a u-turn
- 10.1 mi **↙** after 2.53 ft bear right and take Oudenburgsesteenweg
- 10.2 mi **↗** after 491 ft go right and take Plassendale / N358

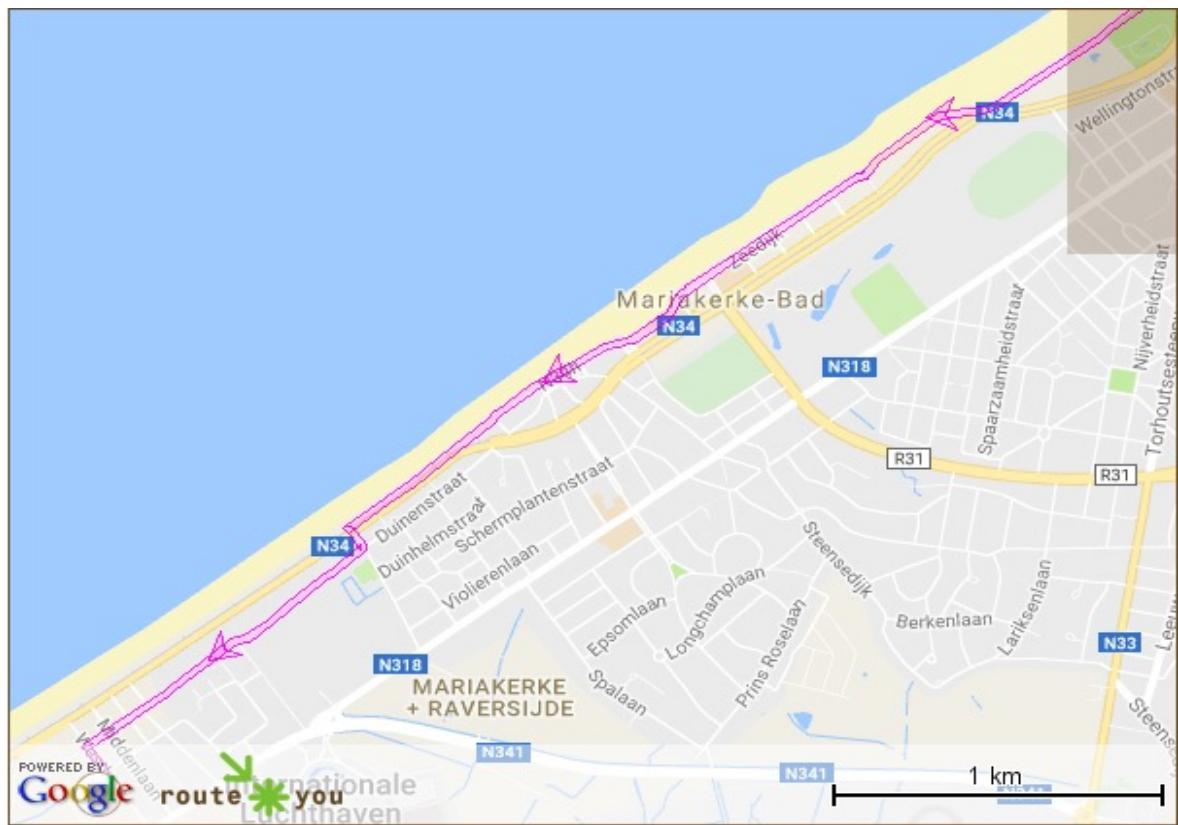


- 10.3 mi ↘ after 293 ft go sharp right and take Vaartdijk-Noord
- 10.3 mi ↓ after 187 ft make a u-turn and take Vaartdijk-Noord
- 10.3 mi ↗ after 5.8 ft bear right
- 10.3 mi ↗ after 24.9 ft go right
- 10.3 mi ↓ after 3.88 ft make a u-turn
- 10.3 mi ↑ after 3.88 ft go straight on
- 10.4 mi ↗ after 381 ft bear right
- 11.3 mi ↗ after 4587 ft bear right
- 11.4 mi ↗ after 634 ft go right
- 11.4 mi ↗ after 240 ft bear left
- 11.4 mi ↙ after 17.5 ft go left and take Brugsesteenweg / N9
- 11.4 mi ↑ after 24.1 ft go straight on and take Brugsesteenweg / N9
- 11.4 mi ↗ after 2.18 ft bear right and take Brugsesteenweg
- 11.5 mi ↑ after 550 ft go straight on and take Sluizenstraat
- 12.1 mi ↙ after 2694 ft go left and take Noord-Edestraat
- 12.6 mi ↙ after 2728 ft go left and take Noord-Edestraat
- 12.7 mi ↙ after 821 ft go left and take Vredesstraat
- 12.7 mi ↓ after 5.73 ft make a u-turn and take Vredesstraat
- 12.7 mi ↗ after 5.73 ft bear left and take Noord-Edestraat
- 12.9 mi ↗ after 693 ft go right and take Breendonklaan
- 12.9 mi ↓ after 2.7 ft make a u-turn and take Breendonklaan
- 12.9 mi ↗ after 2.7 ft go right and take Noord-Edestraat
- 12.9 mi ↑ after 467 ft go straight on and take Nukkerwijkstraat
- 13 mi ↑ after 98.5 ft go straight on and take Nukkerwijkstraat
- 13.1 mi ↑ after 508 ft go straight on
- 13.1 mi ↙ after 36.3 ft go left and take Vicognedijk
- 13.1 mi ↓ after 72.3 ft make a u-turn and take Vicognedijk
- 13.5 mi ↙ after 2180 ft go left and take Schietbaanstraat



- 14 mi ↓ after 2870 ft make a u-turn and take Schietbaanstraat
- 14 mi ← after 7.53 ft go left and take Van Hembdenstraat
- 14.2 mi ↑ after 1091 ft go straight on
- 14.6 mi ↘ after 1740 ft bear left
- 14.7 mi ← after 439 ft go left
- 14.7 mi ↗ after 135 ft go right
- 14.7 mi ↘ after 222 ft bear left and take Fortstraat
- 14.8 mi ↗ after 525 ft bear right and take Vuurtorendok-West
- 15.2 mi ↗ after 2130 ft bear right and take Vuurtorendok-West
- 15.3 mi ↑ after 134 ft go straight on and take Slipwaykaai
- 15.3 mi ↘ after 176 ft bear left
- 15.3 mi ↑ after 19.9 ft go straight on and take Slipwaykaai
- 15.4 mi ← after 541 ft go left and take Buskruitstraat
- 15.4 mi ↑ after 2.23 ft go straight on and take Buskruitstraat
- 15.4 mi ↑ after 172 ft go straight on and take Buskruitstraat
- 15.4 mi ↑ after 3.27 ft go straight on
- 15.5 mi ↘ after 148 ft bear left
- 15.5 mi ↗ after 22.2 ft bear right
- 15.5 mi ← after 47.1 ft go left
- 15.5 mi ↘ after 83.3 ft go sharp left

- 15.5 mi ↘ after 5.98 ft make a u-turn
- 15.5 mi ↙ after 5.98 ft go sharp left
- 15.5 mi ↗ after 133 ft bear right
- 15.8 mi ↑ after 1467 ft go straight on
- 15.8 mi ↙ after 236 ft go left
- 15.8 mi ↗ after 39.3 ft go right
- 15.9 mi ↙ after 431 ft go left
- 15.9 mi ↙ after 60.3 ft go left
- 16 mi ↘ after 126 ft make a u-turn
- 16.1 mi ↑ after 816 ft go straight on
- 16.1 mi ↗ after 101 ft bear left
- 16.1 mi ↗ after 34.1 ft bear right
- 16.2 mi ↗ after 310 ft go right and take Zeeheldenplein
- 16.3 mi ↗ after 579 ft go right
- 16.7 mi ↗ after 2086 ft bear left and take Albert I-promenade (wandeldijk)
- 16.8 mi ↙ after 584 ft go left
- 16.8 mi ↘ after 30.1 ft make a u-turn
- 16.8 mi ↙ after 30.1 ft go left and take Albert I-promenade (wandeldijk)
- 17 mi ↑ after 1112 ft go straight on and take Koning Boudewijnpromenade (wandeldijk)



- 17.4 mi ↑ after 2141 ft go straight on and take (wandeldijk)
- 17.5 mi ↑ after 131 ft go straight on
- 17.5 mi ↘ after 434 ft bear left
- 17.7 mi ↑ after 796 ft go straight on and take (wandeldijk)
- 19 mi ↓ after 1.28 mi make a u-turn and take (wandeldijk)
- 19 mi ↗ after 29.6 ft bear right
- 19 mi ↑ after 53.7 ft go straight on and take Dorpsstraat
- 19 mi ↗ after 205 ft go right and take Duinenstraat
- 19.7 mi ← after 3537 ft go left and take Westlaan
- 19.8 mi ↗ after 324 ft go right
- 19.8 mi ↘ after 201 ft bear left and take Herdersstraat
- 19.8 mi ↗ after 148 ft go right
- 19.9 mi ↑ after 219 ft

